



**An Initial General Psychological Assessment Report Depicting the  
Effects of an Arbitrary Arrest on The Mental Health of 16 Gender  
and Sexual Diverse Youth Residing in a Shelter**

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## **TABLE OF CONTENTS**

<b>PSYCHOLOGICAL EVALUATION</b>	<b>3</b>
<b>PURPOSE FOR EVALUATION</b>	<b>3</b>
<b>ASSESSMENT PROCEDURES</b>	<b>4</b>
<b>BACKGROUND INFORMATION</b>	<b>4</b>
<b>MENTAL STATUS EXAMINATION</b>	<b>5</b>
<b>RESULTS OF EVALUATION</b>	<b>5</b>
<b>SUMMARY/RECOMMENDATIONS</b>	<b>6</b>
<b>ASSESSMENT RESULTS</b>	<b>7</b>
<b>ASSESSMENT BATTERY</b>	<b>8</b>
<b>ANNEXES</b>	<b>9</b>
<b>References</b>	<b>38</b>

## **PSYCHOLOGICAL EVALUATION**

**Clients Assessed:** Children of the Sun Foundation youth

**Dates of Evaluation:**

22<sup>nd</sup>/June/2020 - 30<sup>th</sup> /July/2020

**Case No.:** A003- A019

**Location:** Kampala

**Admission Date:** 22/June/2020

**Date of Report:** 7<sup>th</sup>/August/2020

### **PURPOSE FOR EVALUATION**

On 28th May 2020, the Taala Foundation team was approached by Children of the Sun Foundation who narrated the circumstances of the arrest and at Nsangi and eventual remand at Kitalya prison. They expressed need for mental health support for those who were subjected to verbal insults, paraded before the media, subjected to beatings, burning and other injuries during the process. On 8th June 2020, the Taala Foundation conducted a quick needs assessment where individuals from the shelter raised concerns about their nutrition, personal security,( as those within the shelter were hyper vigilant and would run and seek places to hide upon hearing any knock at the gate of thier premises) the security of the temporary housing they were situated in then post incident, as well as a need for extra mental health support beyond the group meeting that had been conducted by peer counselors one or twice without any further interventions or communications thereafter.

On the 15<sup>th</sup>June 2020, The Taala Foundation upon request of Children of the Sun Foundation (COSF) for provision of mental health intervention to its 20 members who had been arrested, detained and tortured in prison embarked on a psychosocial response.

This was the first thorough mental health response for 16 of these youth, who are within a range of 18-32 years of age, in terms of marital status; most of them are single (10), 2 said they were cohabiting, 1 said he was married and 1 was unclassified. They are all Ugandan males with variant levels of educational attainment, majority (57.1%) reported to have attained Senior Secondary school level of formal education.

The purpose for the current evaluation was to determine the General Mental Health condition of these Youth who had reported being tortured during imprisonment. They were referred for assessment and treatment due to sustained presentation of symptoms of depression, anxiety and trauma since their release from prison.

Initial results are reported in the annex of this report. The current report will supplement and elaborate upon those initial findings."

## **ASSESSMENT PROCEDURES**

A treatment Team comprising 2 Clinical Psychologists, 1 Community Psychologist and a Project Associate with a background of Sports Science and Information Technology collectively assessed the clients using objective tests that have been found to be both valid and reliable for testing the presenting problems. Structured interviews for assessing traumatic events history and impact on their social-occupational functioning. Quantitative tools were utilized to screen for the presence of clinical mental health conditions like depression; the Patient Health Questionnaire (PHQ9), anxiety; the Beck's Anxiety Inventory (BAI), and Trauma; the Impact of the events scale(IES) and the Clinical outcomes routine evaluation (CORE)to test for impact on wellbeing, contribution to more distress, functioning and risky behavior. This process also involved conducting clinical interviews by the Clinical Psychologist to provide more context for proper diagnosis, treatment and recovery. The Assessment phase took approximately 3-4 sessions one to two hours spread over a time period of 1 month.

## **BACKGROUND INFORMATION**

Over 75% of the Youth reported that they were experiencing difficulties in the family and friends' aspect of relationships and that most of these had been rejected by family due to the media story of their arrest and victimization. This has been exacerbated by the excessive levels of irritability and emotional numbness which then denies them the instrumental coping strategies that would arise from these relationships.

All the 16 Youth who came for treatment, expressed the fact that their arrest and imprisonment at the beginning of the Covid19 Lockdown was the time of onset for most of these difficulties. The media harassment and torture in prison caused disastrous impact on their social-occupational functioning. Some of them lost jobs, others were cut off from family and friends. To cope with these difficulties most have resorted to social media, music, alcohol and other substance use to get some short-term relief.

These youths had not received any psychological intervention that could satisfactorily handle these difficulties. The youths' behavior and level of adaptive functioning during the assessments process was respectful though punctuated with bouts of tears, irritability. They kept their appointments and expressed interest in getting healed. We observed that the youth were still shaken about their prison experience and nursing the aftermath being a decreased sense of safety, increased irritability and a general sense of despair

## **MENTAL STATUS EXAMINATION**

Most of the Youth were cooperative with the process, whilst during the answering of the assessment battery some broke down with tears they generally followed through. They came in dressed in youth-like casual wear and seemed to enjoy each other's company. Some wore shorts, others jeans etc. Their orientation of person, time and place was appropriate. They maintained proper eye contact with a few exceptions. They depicted the appropriate postures of seating only occasionally slumping over during emotion packed moments. They showed the appropriate speech functions of rate, volume, fluency and their vocabulary matched the content and was developmentally suitable.

Their mood was a mixture of sadness, irritability and occasionally happy. Affect was appropriate to verbal content and showed broad range of emotions. Memory functions were fairly intact for the majority of the youth with respect to immediate and remote recall of events and factual information. Their thought process was intact, goal oriented, and well organized. Thought content for the majority revealed no evidence of delusions, hallucinations, paranoia, but a sizeable number expressed some suicidal/homicidal ideation. There was no evidence of perceptual disorder. The level of personal insight appeared to be good for more than a half of these youth, as evidenced by their ability to identify specific stressors which precipitated the current crisis. Social judgment appeared good, as evidenced by appropriate interactions with staff and other youths in the group and by their commitment to putting effort towards achievement of treatment goals required for successful recovery.

## **RESULTS OF EVALUATION**

All 16 youths were screened for depression using the Patient Health Questionnaire (PHQ9) and the results indicated that; 12.5% were Mildly depressed, 43.75% were moderately depressed, 25% had moderately severe depression and 18.75% were severely depressed. 8.3% and 16.7% of the youth said they had made plans to end their lives within the often and sometimes response categories respectively. Their self-esteem was measured using the Rosenberg scale and results indicated that the majority (87.5%) had average to high levels of self-esteem.

The youth were also screened for anxiety using the Beck's Anxiety Inventory and the results obtained were as follows; 6.25% were within the mild moderate category, 56.25% fell within the moderately severe category while 37.5% were found to lie within the severe anxiety category.

To rate the level of impact that their experienced traumatic events had made, the Impact of Events Scale (IES) was used and the results were as follows; 31.25% were within the High risk range for partial or full Post Traumatic Stress Disorder (PTSD) diagnosis, 12.5% of them were within the cut-off zone for a full

PTSD diagnosis and 56.25% were in the range for a full PTSD diagnosis with a high Immune-Suppression risk.

The youth were also asked about their alcohol use and drug use and the results indicated that; a sizeable number (16.7%) believed they were problem drinkers. 9.1% of youth agreed with the statement that they are had serious problems with drugs and 8.3% strongly agreed that they are drug Addicts.

The effect of these distressing symptoms on social and occupational functioning is surmountable as the majority reported. This can be seen in the annex section of this report.

### **SUMMARY/RECOMMENDATIONS**

These results from the Assessment depict a high prevalence of psychological distress among these youth and most of them date the symptom onset to their arrest and prison experience. Trauma which is characterized by re-experiencing of the traumatic events through flashbacks, nightmares, avoidance of reminders and significant levels of fear and horror particularly has the lion's share. Anxiety which is characterized by too much fear and worry about the uncertain future coupled with more expectation of danger and attacks was also found highly prevalent among these youth. Coupled with the above, depression which manifested mostly through their sadness and teary narratives, anger outbursts and loss of hope plus the suicide ideation was a concerning condition found among them. They are currently showing effort to cope with all these difficult symptoms through therapy with gradual improvement. It is recommended that efforts to establish a trusting relationship with these patients be continued, in order to help them cultivate a more adaptive coping/defensive pattern to their trauma, anxiety and depression. Individual therapy will be more productive for those with high I.E.S scores while CBT for Trauma group interventions is recommended for those with lesser severity. As the psychological distress lowers, it will likely be beneficial to explore psychosocial issues present at the time especially cases of job loss, family rejection, as these appear to have partially exacerbated the current psychological distress.

## ASSESSMENT RESULTS

CLIENT ID	AGE	SEX	COMMENTS
A003	18	M	Low level (CORE=27), Moderately severe Depression (PHQ9=15) & Moderately Severe Anxiety (BAI=22), Moderately high self-esteem (RSES=20) and High PTSD likelihood with ISP (IES=62)
A004	19	M	Healthy (CORE=20), Moderate Depression (PHQ9=11) & Moderately severe Anxiety (BAI=22), Moderately high self-esteem (RSES=16) and High Risk for PTSD(IES=32)
A005	21	M	Low level (CORE=30), Moderate Depression (PHQ9=10) & Moderately Severe Anxiety (BAI=20), Moderately high self-esteem (RSES=20) and High PTSD likelihood with ISP(IES=44)
A006	19	M	Healthy (CORE=20), Moderate Depression (PHQ9=13) & Moderately Severe Anxiety (BAI=28), Moderately high self-esteem (RSES=19) and High Risk/ Full PTSD(IES=21)
A007	25	M	Low level (CORE=30), Moderate Depression (PHQ9=19) & Severe Anxiety (BAI=40), Moderately high self-esteem (RSES=21) and High PTSD within cutoff zone (IES=36)
A008	18	M	Healthy (CORE=20), Moderately Severe Depression (PHQ9=18) & Moderately Severe Anxiety (BAI=25), Moderately High self-esteem (RSES=17) and within cutoff zone for PTSD(IES=36)
A009	20	M	Healthy (CORE=14), Moderate Depression (PHQ9=12), Severe Anxiety (BAI=32), Moderately High self-esteem (RSES=19) and High risk for Full/Partial PTSD Diagnosis (IES=28)
A010	18	M	Healthy (CORE=20), Moderate Depression (PHQ9=12) & Moderately severe Anxiety (BAI=20), Moderately high self-esteem (RSES=24) and High PTSD likelihood with ISP(IES=50)
A011	20	M	Low distress (CORE=30), Moderately Severe Depression (PHQ9=16) & Anxiety (BAI=29), Moderate self-esteem (RSES=16) and High PTSD likelihood with ISP(IES=45)

A012	23	M	Healthy (CORE=20), Mild Depression (PHQ9=7), Mild-Moderate Anxiety (BAI=14), Moderately High self-esteem (RSE=20) and High risk for Full/Partial PTSD Diagnosis (IES=31)
A014	20	M	Mild distress (CORE=34), Severe Depression (PHQ9=20) & Anxiety (BAI=47), Low self-esteem (RSES=12) and High PTSD likelihood with ISP (IES=68)
A015	23	M	Low distress (CORE=21), Moderately severe Depression (PHQ9=15) & Severe Anxiety (BAI=41), Moderately high self-esteem (RSES=15) and High PTSD likelihood with ISP(IES=56)
A016	20	M	Healthy (CORE=18), Moderate Depression (PHQ9=11) & Moderately Severe Anxiety (BAI=19), High self-esteem (RSES=25) and High PTSD with likelihood for ISP(IES=38)
A017	21	M	Low distress (CORE=27), Moderate Depression (PHQ9=10), Moderately Severe Anxiety (BAI=23), Moderately High self-esteem (RSES=17) and High risk for Full/Partial PTSD(IES=24)
A018	32	M	Low distress (CORE=28), Severe Depression (PHQ9=23) & Anxiety (BAI=50), Low self-esteem (RSES=10) and High PTSD with likelihood for ISP(IES=48)
A019	21	M	Low distress (CORE=30), Severe Depression (PHQ9=26) & Severe Anxiety (BAI=63), Average self-esteem level (RSES=15) and High PTSD with likelihood for ISP(IES=83)

## ASSESSMENT BATTERY

Patient Health Questionnaire (PHQ9), (Kroenke, Spitzer, & Williams, 2001)

Beck's Anxiety Inventory (BAI), (Beck, A.T., Epstein, N., Brown, G., & Steer, 1988)

The Impact of the events scale Revised (IESR) (Scale-revised, The, Seven, & Score, 2012)

Clinical outcomes routine evaluation (CORE) (Falkenström, Kumar, Zahid, Kuria, & Othieno, 2018; Skre et al., 2013; Zeldovich & Alexandrowicz, 2019)

Rosenberg Self Esteem Scale (RSES) (Blascovich, Tomaka, Owens, & Rosenberg, 1965; Fromont, Haddad, Heinmüller, & Dujardin, 2017; Makhubela & Mashegoane, 2017; Oladipo, I, & Kalule-sabiti, 2014)



**ANNEXES**  
**Frequencies**

<b>Age of Youth</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	15-19	3	18.8	18.8	18.8
	20-24	11	68.8	68.8	87.5
	25-29	1	6.3	6.3	93.8
	30-34	1	6.3	6.3	100.0
	Total	16	100.0	100.0	
<b>Highest Level of Education</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Education	No Formal School	1	6.3	6.3	6.3
	Less than Primary School	2	12.5	12.5	18.8
	Primary School Completed	2	12.5	12.5	31.3
	Secondary/High School Completed	9	56.3	56.3	87.5
	College/University Completed	2	12.5	12.5	100
Total		16	100	100	
<b>Marital Status</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Marital Status	Married	1	6.3	6.3	6.3
	Living as Couple	2	12.5	12.5	18.8
	Single	12	75.0	75.0	93.8
	Others	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**Work Status Over Last 12 Months**

		Freq.	%	Valid Percent	Cumulative Percent
Work Status	Self Employed	2	12.5	12.5	12.5
	Student	3	18.8	18.8	31.3
	Home Maker	1	6.3	6.3	37.5
	Unemployed (Able to Work)	9	56.3	56.3	93.8
	Unemployed (Unable to work)	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

#### Have you experienced Imprisonment

		Frequency	Percent	Valid Percent	Cumulative Percent
Imprisonment	Yes	16	100.0	100.0	100.0

#### Were you tortured

		Frequency	Percent	Valid Percent	Cumulative Percent
Torture	Yes	16	100.0	100.0	100.0

#### When did Traumatic event happen

		Frequency	Percent	Valid Percent	Cumulative Percent
Trauma Event Date	Less than 1 month	1	6.3	6.3	6.3
	1-3 months	13	81.3	81.3	87.5
	3-6 months	1	6.3	6.3	93.8
	6 months -3 years	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

#### Were you physically injured

		Frequency	Percent	Valid Percent	Cumulative Percent
Physical Injury	No	5	31.3	31.3	31.3
	Yes	11	68.8	68.8	100.0
	Total	16	100.0	100.0	

#### Thought your life was in danger

		Frequency	Percent	Valid Percent	Cumulative Percent
Danger	No	1	6.3	6.3	6.3
	Yes	15	93.8	93.8	100.0
	Total	16	100.0	100.0	

#### Thought someone else's life was in danger

		Frequency	Percent	Valid Percent	Cumulative Percent
Danger2	No	2	12.5	12.5	12.5
	Yes	14	87.5	87.5	100.0
	Total	16	100.0	100.0	

#### You felt helpless

		Frequency	Percent	Valid Percent	Cumulative Percent
Helpless	No	1	6.3	6.3	6.3
	Yes	15	93.8	93.8	100.0
	Total	16	100.0	100.0	

#### Felt terrified

		Frequency	Percent	Valid Percent	Cumulative Percent
Terrified	No	1	6.3	6.3	6.3
	Yes	15	93.8	93.8	100.0
	Total	16	100.0	100.0	

#### Upsetting thoughts/ images about traumatic event

		Frequency	Percent	Valid Percent	Cumulative Percent
Intrusion	Once a week or less/ once in a while	2	12.5	12.5	12.5
	2-4 times a week/ half time	10	62.5	62.5	75.0
	5 or more times a week/ almost always	4	25.0	25.0	100.0
	Total	16	100.0	100.0	

#### Having bad dreams or nightmares about the traumatic event

		Frequency	Percent	Valid Percent	Cumulative Percent
Re-experience	Not at all or only one time	1	6.3	6.3	6.3
	Once a week or less/ once in a while	5	31.3	31.3	37.5
	2-4 times a week/ half time	7	43.8	43.8	81.3
	5 or more times a week/ almost always	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

#### Reliving, acting or feeling like traumatic event is happening again

		Frequency	Percent	Valid Percent	Cumulative Percent
Re-experience	Not at all or only one time	1	6.3	6.3	6.3
	Once a week or less/ once in a while	3	18.8	18.8	25.0
	2-4 times a week/ half time	10	62.5	62.5	87.5
	5 or more times a week/ almost always	2	12.5	12.5	100.0
	Total	16	100.0	100.0	
<b>Feel emotionally upset when reminded of traumatic event</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Distress	Once a week or less/ once in a while	1	6.3	6.3	6.3
	2-4 times a week/ half time	9	56.3	56.3	62.5
	5 or more times a week/ almost always	6	37.5	37.5	100.0
	Total	16	100.0	100.0	
<b>Experience physical reactions when you're reminded of traumatic event</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Distress	Not at all or only one time	1	6.3	6.3	6.3
	Once a week or less/ once in a while	4	25.0	25.0	31.3
	2-4 times a week/ half time	7	43.8	43.8	75.0
	5 or more times a week/ almost always	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>Trying not think, talk or have feelings about traumatic event</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Avoidance	Not at all or only one time	2	12.5	12.5	12.5
	2-4 times a week/ half time	10	62.5	62.5	75.0
	5 or more times a week/ almost always	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>Trying to avoid activities, people or places that remind of traumatic event</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent

Avoidance	2-4 times a week/ half time	6	37.5	37.5	37.5
	5 or more times a week/ almost always	10	62.5	62.5	100.0
	Total	16	100.0	100.0	
<b>Not able to remember an important part of the traumatic event</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Avoidance	Not at all or only one time	6	37.5	37.5	37.5
	Once a week or less/ once in a while	5	31.3	31.3	68.8
	2-4 times a week/ half time	4	25.0	25.0	93.8
	5 or more times a week/ almost always	1	6.3	6.3	100.0
	Total	16	100.0	100.0	
<b>Have less participation or interest in important activities</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Anhedonia	Not at all or only one time	1	6.3	6.3	6.3
	Once a week or less/ once in a while	8	50.0	50.0	56.3
	2-4 times a week/ half time	3	18.8	18.8	75.0
	5 or more times a week/ almost always	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>Feel distant or cut off from people around you</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Social Functioning	Once a week or less/ once in a while	7	43.8	43.8	43.8
	2-4 times a week/ half time	5	31.3	31.3	75.0
	5 or more times a week/ almost always	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>Feel emotionally numb</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Distress	Not at all or only one time	3	18.8	18.8	18.8
	Once a week or less/ once in a while	4	25.0	25.0	43.8
	2-4 times a week/ half time	5	31.3	31.3	75.0
	5 or more times a week/ almost always	4	25.0	25.0	100.0

	Total	16	100.0	100.0	
<b>Feel as if future plans or hope will not come true</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Hopeless ness	Not at all or only one time	3	18.8	18.8	18.8
	Once a week or less/ once in a while	3	18.8	18.8	37.5
	2-4 times a week/ half time	5	31.3	31.3	68.8
	5 or more times a week/ almost always	5	31.3	31.3	100.0
	Total	16	100.0	100.0	
<b>Having trouble falling or staying a sleep</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Sleep Problem s	Not at all or only one time	2	12.5	12.5	12.5
	Once a week or less/ once in a while	5	31.3	31.3	43.8
	2-4 times a week/ half time	6	37.5	37.5	81.3
	5 or more times a week/ almost always	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

<b>Feel irritable or having fits of anger</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Irritability	Once a week or less/ once in a while	4	25.0	25.0	25.0
	2-4 times a week/ half time	6	37.5	37.5	62.5
	5 or more times a week/ almost always	6	37.5	37.5	100.0
	Total	16	100.0	100.0	
<b>Having trouble concentrating</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Concentration Difficulties	Not at all or only one time	1	6.3	6.3	6.3
	Once a week or less/ once in a while	5	31.3	31.3	37.5
	2-4 times a week/ half time	8	50.0	50.0	87.5

	5 or more times a week/ almost always	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**Being overly alert**

		Frequency	Percent	Valid Percent	Cumulative Percent
Hyper arousal	Once a week or less/ once in a while	3	18.8	18.8	18.8
	2-4 times a week/ half time	7	43.8	43.8	62.5
	5 or more times a week/ almost always	6	37.5	37.5	100.0
	Total	16	100.0	100.0	

**Jumpy or easily startled**

		Frequency	Percent	Valid Percent	Cumulative Percent
Hyper arousal	Once a week or less/ once in a while	2	12.5	12.5	12.5
	2-4 times a week/ half time	12	75.0	75.0	87.5
	5 or more times a week/ almost always	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**You've experienced this/these problem(s) for**

		Frequency	Percent	Valid Percent	Cumulative Percent
Duration	Less than 1 month	4	25.0	25.0	25.0
	1-3 months	12	75.0	75.0	100.0
	Total	16	100.0	100.0	

**How long after the event did these problems start**

		Frequency	Percent	Valid Percent	Cumulative Percent
Onset	Less than 6 months	16	100.0	100.0	100.0

**Problems made your work life difficult**

		Frequency	Percent	Valid Percent	Cumulative Percent
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Occupational Functioning	No	2	12.5	12.5	12.5
	Yes	14	87.5	87.5	100.0
	Total	16	100.0	100.0	
<b>Problems made doing Household chores and duties difficult</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Social Functioning	No	8	50.0	50.0	50.0
	Yes	8	50.0	50.0	100.0
	Total	16	100.0	100.0	
<b>Problems affected your Relationships with friends</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Social Functioning	No	1	6.3	6.3	6.3
	Yes	15	93.8	93.8	100.0
	Total	16	100.0	100.0	
<b>Problems affected your Fun and leisure activities</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Self care	No	4	25.0	25.0	25.0
	Yes	12	75.0	75.0	100.0
	Total	16	100.0	100.0	
<b>Problems affected your Schoolwork</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Academic Functioning	.00	1	6.3	6.3	6.3
	No	10	62.5	62.5	68.8
	Yes	5	31.3	31.3	100.0
	Total	16	100.0	100.0	
<b>Problems affected Relationships with your family</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Social Functioning	No	4	25.0	25.0	25.0
	Yes	12	75.0	75.0	100.0
	Total	16	100.0	100.0	
<b>Problems affected your Sex life</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Social Functioning	No	5	31.3	31.3	31.3
	Yes	11	68.8	68.8	100.0
	Total	16	100.0	100.0	
<b>Problems affected your General satisfaction with life</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Quality of Life	No	3	18.8	18.8	18.8
	Yes	13	81.3	81.3	100.0



	Total	16	100.0	100.0	
<b>Problems affected your Overall level of functioning in all areas of your life</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Functioning	No	3	18.8	18.8	18.8
	Yes	13	81.3	81.3	100.0
	Total	16	100.0	100.0	

<b>I have felt terribly alone and isolated</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	4	25.0	25.0	25.0
	only occasionally	2	12.5	12.5	37.5
	Sometimes	8	50.0	50.0	87.5
	Often	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

<b>felt tense, anxious or nervous</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	1	6.3	6.3	6.3
	Sometimes	5	31.3	31.3	37.5
	Often	3	18.8	18.8	56.3
	most or all the time	7	43.8	43.8	100.0
	Total	16	100.0	100.0	

<b>felt I have someone to turn to for support when needed</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	most or all the time	2	12.5	12.5	12.5
	Often	2	12.5	12.5	25.0
	sometimes	8	50.0	50.0	75.0
	only occasionally	2	12.5	12.5	87.5
	not at all	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

<b>felt okay about myself</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	most or all the time	1	6.3	6.3	6.3
	Often	3	18.8	18.8	25.0
	sometimes	4	25.0	25.0	50.0
	only occasionally	2	12.5	12.5	62.5
	not at all	6	37.5	37.5	100.0
	Total	16	100.0	100.0	

<b>felt totally lacking in energy and enthusiasm</b>					
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		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	3	18.8	18.8	18.8
	Sometimes	4	25.0	25.0	43.8
	Often	7	43.8	43.8	87.5
	most or all the time	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**been physically violent with others**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	6	37.5	37.5	37.5
	only occasionally	3	18.8	18.8	56.3
	Sometimes	4	25.0	25.0	81.3
	Often	2	12.5	12.5	93.8
	most or all the time	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**felt able to cope when things go wrong**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	most or all the time	1	6.3	6.3	6.3
	Often	3	18.8	18.8	25.0
	Sometimes	5	31.3	31.3	56.3
	only occasionally	1	6.3	6.3	62.5
	not at all	6	37.5	37.5	100.0
	Total	16	100.0	100.0	

**troubled by aches, pains or other physical problems**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	only occasionally	3	18.8	18.8	18.8
	Sometimes	1	6.3	6.3	25.0
	Often	5	31.3	31.3	56.3
	most or all the time	7	43.8	43.8	100.0
	Total	16	100.0	100.0	

**felt of hurting myself**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	5	31.3	31.3	31.3
	only occasionally	1	6.3	6.3	37.5
	Sometimes	5	31.3	31.3	68.8
	Often	2	12.5	12.5	81.3
	most or all the time	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**talking to people has failed too much for me**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	2	12.5	12.5	12.5
	Sometimes	8	50.0	50.0	62.5
	Often	3	18.8	18.8	81.3
	most or all the time	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**tension, anxiety have prevented me from doing important things**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	2	12.5	12.5	12.5
	only occasionally	1	6.3	6.3	18.8
	Sometimes	8	50.0	50.0	68.8
	Often	3	18.8	18.8	87.5
	most or all the time	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**happy with the things I have done**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	most or all the time	2	12.5	12.5	12.5
	Often	3	18.8	18.8	31.3
	Sometimes	6	37.5	37.5	68.8
	only occasionally	2	12.5	12.5	81.3
	not at all	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**disturbed by unwanted thoughts & feelings**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	2	12.5	12.5	12.5
	only occasionally	2	12.5	12.5	25.0
	Sometimes	2	12.5	12.5	37.5
	Often	2	12.5	12.5	50.0
	most or all the time	8	50.0	50.0	100.0
	Total	16	100.0	100.0	

**felt like crying**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	only occasionally	1	6.3	6.3	6.3
	Sometimes	4	25.0	25.0	31.3
	Often	5	31.3	31.3	62.5
	most or all the time	6	37.5	37.5	100.0
	Total	16	100.0	100.0	

**felt panic or terror**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	2	12.5	12.5	12.5
	Sometimes	4	25.0	25.0	37.5
	Often	7	43.8	43.8	81.3
	most or all the time	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**made plans to end my life**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	6	37.5	37.5	37.5
	only occasionally	4	25.0	25.0	62.5
	Sometimes	4	25.0	25.0	87.5
	most or all the time	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**felt overwhelmed by my problems**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	1	6.3	6.3	6.3
	only occasionally	1	6.3	6.3	12.5
	Sometimes	6	37.5	37.5	50.0
	Often	6	37.5	37.5	87.5
	most or all the time	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**had difficulty getting to sleep or staying asleep**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	1	6.3	6.3	6.3
	only occasionally	2	12.5	12.5	18.8
	Sometimes	3	18.8	18.8	37.5
	Often	1	6.3	6.3	43.8
	most or all the time	9	56.3	56.3	100.0
	Total	16	100.0	100.0	

**felt warmth, affection for someone**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	most or all the time	2	12.5	12.5	12.5
	Often	4	25.0	25.0	37.5
	Sometimes	5	31.3	31.3	68.8
	only occasionally	3	18.8	18.8	87.5
	not at all	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**problems have been impossible to put one side**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	1	6.3	6.3	6.3
	only occasionally	3	18.8	18.8	25.0
	Sometimes	5	31.3	31.3	56.3
	Often	5	31.3	31.3	87.5
	most or all the time	2	12.5	12.5	100.0
	Total	16	100.0	100.0	
<b>been able to do most things I needed too</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	most or all the time	1	6.3	6.3	6.3
	Sometimes	9	56.3	56.3	62.5
	only occasionally	2	12.5	12.5	75.0
	not at all	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>threatened or intimidated another person</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	3	18.8	18.8	18.8
	only occasionally	5	31.3	31.3	50.0
	Sometimes	2	12.5	12.5	62.5
	Often	5	31.3	31.3	93.8
	most or all the time	1	6.3	6.3	100.0
	Total	16	100.0	100.0	
<b>felt despairing or hopeless</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	2	12.5	12.5	12.5
	only occasionally	3	18.8	18.8	31.3
	Sometimes	5	31.3	31.3	62.5
	Often	2	12.5	12.5	75.0
	most or all the time	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>thought it would be better, if I were dead</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	6	37.5	37.5	37.5
	only occasionally	1	6.3	6.3	43.8
	Sometimes	1	6.3	6.3	50.0
	Often	4	25.0	25.0	75.0
	most or all the time	4	25.0	25.0	100.0
	Total	16	100.0	100.0	

<b>felt criticized by other people</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	1	6.3	6.3	6.3
	only occasionally	3	18.8	18.8	25.0
	Sometimes	4	25.0	25.0	50.0
	Often	3	18.8	18.8	68.8
	most or all the time	5	31.3	31.3	100.0
	Total	16	100.0	100.0	
<b>I have felt I have no friends</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	3	18.8	18.8	18.8
	only occasionally	3	18.8	18.8	37.5
	Sometimes	2	12.5	12.5	50.0
	Often	2	12.5	12.5	62.5
	most or all the time	6	37.5	37.5	100.0
	Total	16	100.0	100.0	
<b>I have felt unhappy</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	not at all	2	12.5	12.5	12.5
	Sometimes	5	31.3	31.3	43.8
	Often	7	43.8	43.8	87.5
	most or all the time	2	12.5	12.5	100.0
	Total	16	100.0	100.0	
<b>unwanted images ,memories have been distressing me</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Sometimes	5	31.3	31.3	31.3
	Often	6	37.5	37.5	68.8
	most or all the time	5	31.3	31.3	100.0
	Total	16	100.0	100.0	
<b>been irritable when with others</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	only occasionally	3	18.8	18.8	18.8
	Sometimes	6	37.5	37.5	56.3
	Often	4	25.0	25.0	81.3
	most or all the time	3	18.8	18.8	100.0
	Total	16	100.0	100.0	
<b>thought I am to blame for my problems, difficulties</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent

Valid	not at all	1	6.3	6.3	6.3
	only occasionally	3	18.8	18.8	25.0
	Sometimes	2	12.5	12.5	37.5
	Often	3	18.8	18.8	56.3
	most or all the time	7	43.8	43.8	100.0
	Total	16	100.0	100.0	
<b>felt optimistic about my future</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	most or all the time	4	25.0	25.0	25.0
	Often	7	43.8	43.8	68.8
	Sometimes	4	25.0	25.0	93.8
	not at all	1	6.3	6.3	100.0
	Total	16	100.0	100.0	
<b>have achieved the things I wanted too</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Functioning	most or all the time	1	6.3	6.3	6.3
	often	1	6.3	6.3	12.5
	sometimes	2	12.5	12.5	25.0
	only occasionally	1	6.3	6.3	31.3
	not at all	11	68.8	68.8	100.0
	Total	16	100.0	100.0	
<b>felt humiliated or ashamed by others</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Social Functioning	not at all	1	6.3	6.3	6.3
	only occasionally	3	18.8	18.8	25.0
	Sometimes	2	12.5	12.5	37.5
	Often	7	43.8	43.8	81.3
	most or all the time	3	18.8	18.8	100.0
	Total	16	100.0	100.0	
<b>hurt myself physically, taken dangerous risks</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Risk	not at all	7	43.8	43.8	43.8
	Sometimes	2	12.5	12.5	56.3
	Often	3	18.8	18.8	75.0
	most or all the time	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>I have felt tense, anxious or nervous</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent

Anxiety	Not at all	2	12.5	12.5	12.5
	Only occasionally	6	37.5	37.5	50.0
	Sometimes	5	31.3	31.3	81.3
	Often	3	18.8	18.8	100.0
	Total	16	100.0	100.0	
<b>I have felt that I have someone to turn to for support when needed</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Social Support	Only occasionally	5	31.3	31.3	31.3
	Sometimes	7	43.8	43.8	75.0
	Often	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>I have felt able to cope when things go wrong</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Coping	Not at all	3	18.8	18.8	18.8
	Only occasionally	6	37.5	37.5	56.3
	Sometimes	3	18.8	18.8	75.0
	Often	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>Talking to people has felt too much for me</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Overwhelmed	Only occasionally	7	43.8	43.8	43.8
	Sometimes	4	25.0	25.0	68.8
	Often	5	31.3	31.3	100.0
	Total	16	100.0	100.0	
<b>I have felt fear, panic or terror</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Panic	Not at all	2	12.5	12.5	12.5
	Only occasionally	5	31.3	31.3	43.8
	Sometimes	3	18.8	18.8	62.5
	Often	6	37.5	37.5	100.0
	Total	16	100.0	100.0	
<b>I made plans to end my life</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Suicide	Only occasionally	4	25.0	25.0	25.0
	Sometimes	6	37.5	37.5	62.5
	Often	6	37.5	37.5	100.0
	Total	16	100.0	100.0	
<b>I have had difficulty getting to sleep or staying asleep</b>					



		Frequency	Percent	Valid Percent	Cumulative Percent
Sleep Problems	Not at all	4	25.0	25.0	25.0
	Only occasionally	5	31.3	31.3	56.3
	Sometimes	4	25.0	25.0	81.3
	Often	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**I have felt miserable, despairing or hopeless**

		Frequency	Percent	Valid Percent	Cumulative Percent
Hopeless	Not at all	2	12.5	12.5	12.5
	Only occasionally	7	43.8	43.8	56.3
	Sometimes	5	31.3	31.3	87.5
	Often	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**I have felt unhappy**

		Frequency	Percent	Valid Percent	Cumulative Percent
Unhappy	Not at all	8	50.0	50.0	50.0
	Only occasionally	2	12.5	12.5	62.5
	Sometimes	3	18.8	18.8	81.3
	Often	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**Have been disturbed by Unwanted images or memories have been distressing me**

		Frequency	Percent	Valid Percent	Cumulative Percent
Intrusion	Not difficult at all	1	6.3	6.3	6.3
	Somewhat difficult	6	37.5	37.5	43.8
	Very Difficult	5	31.3	31.3	75.0
	Extremely Difficult	4	25.0	25.0	100.0
	Total	16	100.0	100.0	

**Have been disturbed by Numbness or tingling**

		Frequency	Percent	Valid Percent	Cumulative Percent
Numbness	Not At All	7	43.8	43.8	43.8
	Mildly but it didn't bother me much	4	25.0	25.0	68.8
	Moderately - it wasn't pleasant at times	4	25.0	25.0	93.8
	Severely – it bothered me a lot	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**Have been disturbed by Feeling hot**

		Frequency	Percent	Valid Percent	Cumulative Percent
Distress	Not At All	4	25.0	25.0	25.0
	Mildly but it didn't bother me much	9	56.3	56.3	81.3
	Moderately - it wasn't pleasant at times	1	6.3	6.3	87.5
	Severely – it bothered me a lot	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**Have been disturbed by Wobbliness in legs**

		Frequency	Percent	Valid Percent	Cumulative Percent
Wobbly	Not At All	1	6.3	6.3	6.3
	Mildly but it didn't bother me much	10	62.5	62.5	68.8
	Moderately - it wasn't pleasant at times	3	18.8	18.8	87.5
	Severely – it bothered me a lot	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**Have been Unable to relax**

		Frequency	Percent	Valid Percent	Cumulative Percent
Restlessness	Not At All	1	6.3	6.3	6.3
	Mildly but it didn't bother me much	4	25.0	25.0	31.3
	Moderately - it wasn't pleasant at times	4	25.0	25.0	56.3
	Severely – it bothered me a lot	7	43.8	43.8	100.0
	Total	16	100.0	100.0	

**Have been disturbed by Fear of the worst happening to me**

		Frequency	Percent	Valid Percent	Cumulative Percent
Fear	Not At All	2	12.5	12.5	12.5
	Mildly but it didn't bother me much	1	6.3	6.3	18.8
	Moderately - it wasn't pleasant at times	7	43.8	43.8	62.5
	Severely – it bothered me a lot	6	37.5	37.5	100.0

	Total	16	100.0	100.0	
<b>Have been feeling Dizzy or lightheaded</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Dizzy	Not At All	2	12.5	12.5	12.5
	Mildly but it didn't bother me much	6	37.5	37.5	50.0
	Moderately - it wasn't pleasant at times	5	31.3	31.3	81.3
	Severely – it bothered me a lot	3	18.8	18.8	100.0
	Total	16	100.0	100.0	
<b>Have been feeling my Heart pounding/racing</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Heart Pounding	Not At All	1	6.3	6.3	6.3
	Mildly but it didn't bother me much	5	31.3	31.3	37.5
	Moderately - it wasn't pleasant at times	3	18.8	18.8	56.3
	Severely – it bothered me a lot	7	43.8	43.8	100.0
	Total	16	100.0	100.0	
<b>Have been feeling Unsteady</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Unsteady	Not At All	1	6.3	6.3	6.3
	Mildly but it didn't bother me much	7	43.8	43.8	50.0
	Moderately - it wasn't pleasant at times	6	37.5	37.5	87.5
	Severely – it bothered me a lot	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

<b>Have been feeling Terrified or afraid</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Terrified	Not At All	1	6.3	6.3	6.3
	Mildly but it didn't bother me much	6	37.5	37.5	43.8
	Moderately - it wasn't pleasant at times	6	37.5	37.5	81.3

	Severely – it bothered me a lot	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**Have been feeling Nervous**

		Frequency	Percent	Valid Percent	Cumulative Percent
Nervous	Not At All	1	6.3	6.3	6.3
	Mildly but it didn't bother me much	5	31.3	31.3	37.5
	Moderately - it wasn't pleasant at times	8	50.0	50.0	87.5
	Severely – it bothered me a lot	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**Have been disturbed by the Feeling of choking**

		Frequency	Percent	Valid Percent	Cumulative Percent
Choking	Not At All	6	37.5	37.5	37.5
	Mildly but it didn't bother me much	5	31.3	31.3	68.8
	Moderately - it wasn't pleasant at times	3	18.8	18.8	87.5
	Severely – it bothered me a lot	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**Have been disturbed by Hands trembling**

		Frequency	Percent	Valid Percent	Cumulative Percent
Trembling	Not At All	5	31.3	31.3	31.3
	Mildly but it didn't bother me much	5	31.3	31.3	62.5
	Moderately - it wasn't pleasant at times	4	25.0	25.0	87.5
	Severely – it bothered me a lot	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**Have been feeling Shaky / unsteady**

		Frequency	Percent	Valid Percent	Cumulative Percent
Shaky	Not At All	3	18.8	18.8	18.8
	Mildly but it didn't bother me much	7	43.8	43.8	62.5
	Moderately - it wasn't pleasant at times	3	18.8	18.8	81.3
	Severely – it bothered me a lot	3	18.8	18.8	100.0

	Total	16	100.0	100.0	
<b>Have been disturbed by Fear of losing control</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Control	Not At All	4	25.0	25.0	25.0
	Mildly but it didn't bother me much	4	25.0	25.0	50.0
	Moderately - it wasn't pleasant at times	4	25.0	25.0	75.0
	Severely – it bothered me a lot	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>Have been disturbed by Difficulty in breathing</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Breathin g	Not At All	4	25.0	25.0	25.0
	Mildly but it didn't bother me much	5	31.3	31.3	56.3
	Moderately - it wasn't pleasant at times	3	18.8	18.8	75.0
	Severely – it bothered me a lot	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>Have been disturbed by Fear of dying</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Fear of Dying	Not At All	7	43.8	43.8	43.8
	Mildly but it didn't bother me much	3	18.8	18.8	62.5
	Moderately - it wasn't pleasant at times	2	12.5	12.5	75.0
	Severely – it bothered me a lot	4	25.0	25.0	100.0
	Total	16	100.0	100.0	

<b>Have been feeling Scared</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Scared	Mildly but it didn't bother me much	5	31.3	31.3	31.3
	Moderately - it wasn't pleasant at times	4	25.0	25.0	56.3
	Severely – it bothered me a lot	7	43.8	43.8	100.0
	Total	16	100.0	100.0	
<b>Have been disturbed by Indigestion</b>					

		Frequency	Percent	Valid Percent	Cumulative Percent
Indigestion	Not At All	6	37.5	37.5	37.5
	Mildly but it didn't bother me much	2	12.5	12.5	50.0
	Moderately - it wasn't pleasant at times	3	18.8	18.8	68.8
	Severely – it bothered me a lot	5	31.3	31.3	100.0
	Total	16	100.0	100.0	

**Have been feeling Faint / lightheaded**

		Frequency	Percent	Valid Percent	Cumulative Percent
Feeling Faint	Not At All	10	62.5	62.5	62.5
	Mildly but it didn't bother me much	2	12.5	12.5	75.0
	Moderately - it wasn't pleasant at times	3	18.8	18.8	93.8
	Severely – it bothered me a lot	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**Have been gotten Face flushed**

		Frequency	Percent	Valid Percent	Cumulative Percent
Face Flushed	Not At All	5	31.3	31.3	31.3
	Mildly but it didn't bother me much	7	43.8	43.8	75.0
	Moderately - it wasn't pleasant at times	1	6.3	6.3	81.3
	Severely – it bothered me a lot	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**Have been having Hot/cold sweats**

		Frequency	Percent	Valid Percent	Cumulative Percent
Sweats	Not At All	2	12.5	12.5	12.5
	Mildly but it didn't bother me much	3	18.8	18.8	31.3
	Moderately - it wasn't pleasant at times	4	25.0	25.0	56.3
	Severely – it bothered me a lot	7	43.8	43.8	100.0
	Total	16	100.0	100.0	

**On the whole, I am satisfied with myself.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Satisfied with Self	disagree	3	18.8	18.8	18.8
	agree	8	50.0	50.0	68.8
	strongly agree	5	31.3	31.3	100.0
	Total	16	100.0	100.0	

**At times I think I am no good at all.**

		Frequency	Percent	Valid Percent	Cumulative Percent
No good	Disagree	3	18.8	18.8	18.8
	agree	6	37.5	37.5	56.3
	strongly agree	7	43.8	43.8	100.0
	Total	16	100.0	100.0	

**I feel that I have a number of good qualities**

		Frequency	Percent	Valid Percent	Cumulative Percent
Good Qualities	strongly agree	1	6.3	6.3	6.3
	Agree	4	25.0	25.0	31.3
	Disagree	4	25.0	25.0	56.3
	strongly disagree	7	43.8	43.8	100.0
	Total	16	100.0	100.0	

**I am able to do things as well as most other**

		Frequency	Percent	Valid Percent	Cumulative Percent
Able	Disagree	2	12.5	12.5	12.5
	Agree	8	50.0	50.0	62.5
	strongly agree	5	31.3	31.3	93.8
	Strongly disagree	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**I feel I do not have much to be proud of.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Proud	strongly agree	1	6.3	6.3	6.3
	Agree	6	37.5	37.5	43.8
	Disagree	7	43.8	43.8	87.5
	strongly disagree	1	6.3	6.3	93.8
	Missing	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**I certainly feel useless at times.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Useless	strongly disagree	1	6.3	6.3	6.3
	Disagree	2	12.5	12.5	18.8

	Agree	4	25.0	25.0	43.8
	strongly agree	9	56.3	56.3	100.0
	Total	16	100.0	100.0	

**I feel that I'm a person of worth, at least on an equal plane with others.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Worth	disagree	4	25.0	25.0	25.0
	agree	7	43.8	43.8	68.8
	strongly agree	4	25.0	25.0	93.8
	strongly disagree	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**I wish I could have more respect for myself.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Self-respect	strongly agree	9	56.3	56.3	56.3
	Agree	4	25.0	25.0	81.3
	Disagree	2	12.5	12.5	93.8
	strongly disagree	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**All in all, I am inclined to feel that I am a failure.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Failure	strongly agree	2	12.5	12.5	12.5
	Agree	6	37.5	37.5	50.0
	Disagree	3	18.8	18.8	68.8
	strongly disagree	5	31.3	31.3	100.0
	Total	16	100.0	100.0	

**I take a positive attitude toward myself.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Attitude	strongly agree	1	6.3	6.3	6.3
	Agree	9	56.3	56.3	62.5
	Disagree	3	18.8	18.8	81.3
	strongly disagree	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**Any reminder brought back feelings about it**

		Frequency	Percent	Valid Percent	Cumulative Percent
Reminders	a little bit	5	31.3	31.3	31.3
	moderately	8	50.0	50.0	81.3
	quite a bit	1	6.3	6.3	87.5



	extremely	2	12.5	12.5	100.0
	Total	16	100.0	100.0	
<b>I had trouble staying asleep</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Sleep Problem s	Not at all	2	12.5	12.5	12.5
	a little bit	6	37.5	37.5	50.0
	moderately	2	12.5	12.5	62.5
	quite a bit	3	18.8	18.8	81.3
	extremely	2	12.5	12.5	93.8
	Missing	1	6.3	6.3	100.0
	Total	16	100.0	100.0	
<b>Other things kept making me think about it.</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Avoidan ce	Not at all	1	6.3	6.3	6.3
	a little bit	3	18.8	18.8	25.0
	Moderately	5	31.3	31.3	56.3
	quite a bit	6	37.5	37.5	93.8
	Extremely	1	6.3	6.3	100.0
	Total	16	100.0	100.0	
<b>I felt irritable and angry</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Irritable	Not at all	1	6.3	6.3	6.3
	a little bit	3	18.8	18.8	25.0
	moderately	6	37.5	37.5	62.5
	quite a bit	3	18.8	18.8	81.3
	extremely	3	18.8	18.8	100.0
	Total	16	100.0	100.0	
<b>I avoided letting myself get upset when I thought about it or was reminded of it</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Avoidan ce	a little bit	2	12.5	12.5	12.5
	moderately	8	50.0	50.0	62.5
	quite a bit	2	12.5	12.5	75.0
	extremely	4	25.0	25.0	100.0
	Total	16	100.0	100.0	
<b>I thought about it when I didn't mean to</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Intrusion	Not at all	2	12.5	12.5	12.5
	a little bit	4	25.0	25.0	37.5

	moderately	6	37.5	37.5	75.0
	extremely	2	12.5	12.5	87.5
	Missing	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**I felt as if it hadn't happened or wasn't real**

		Frequency	Percent	Valid Percent	Cumulative Percent
Wasn't real	Not at all	3	18.8	18.8	18.8
	a little bit	6	37.5	37.5	56.3
	Moderately	4	25.0	25.0	81.3
	quite a bit	1	6.3	6.3	87.5
	Extremely	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**I stayed away from reminders of it.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Avoidance	a little bit	6	37.5	37.5	37.5
	moderately	7	43.8	43.8	81.3
	quite a bit	1	6.3	6.3	87.5
	extremely	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**Pictures about it popped into my mind.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Intrusion	Not at all	1	6.3	6.3	6.3
	a little bit	3	18.8	18.8	25.0
	moderately	5	31.3	31.3	56.3
	quite a bit	3	18.8	18.8	75.0
	extremely	4	25.0	25.0	100.0
	Total	16	100.0	100.0	

**I was jumpy and easily startled.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Startled	Not at all	2	12.5	12.5	12.5
	a little bit	5	31.3	31.3	43.8
	moderately	7	43.8	43.8	87.5
	extremely	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**I tried not to think about it.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Avoidance	Not at all	1	6.3	6.3	6.3
	a little bit	6	37.5	37.5	43.8

	moderately	5	31.3	31.3	75.0
	quite a bit	2	12.5	12.5	87.5
	extremely	2	12.5	12.5	100.0
	Total	16	100.0	100.0	

**I was aware that I still had a lot of feelings about it, but I didn't deal with them.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Avoidance	Not at all	2	12.5	12.5	12.5
	a little bit	2	12.5	12.5	25.0
	moderately	5	31.3	31.3	56.3
	quite a bit	3	18.8	18.8	75.0
	extremely	3	18.8	18.8	93.8
	Missing	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**My feelings about it were kind of numb.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Numb	Not at all	3	18.8	18.8	18.8
	a little bit	5	31.3	31.3	50.0
	Moderately	6	37.5	37.5	87.5
	quite a bit	1	6.3	6.3	93.8
	Extremely	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**I found myself acting or feeling like I was back at that time.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Re-experience	Not at all	1	6.3	6.3	6.3
	a little bit	2	12.5	12.5	18.8
	moderately	5	31.3	31.3	50.0
	quite a bit	3	18.8	18.8	68.8
	extremely	4	25.0	25.0	93.8
	Missing	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

**I had trouble falling asleep.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Sleep problem	Not at all	3	18.8	18.8	18.8
	a little bit	4	25.0	25.0	43.8
	moderately	4	25.0	25.0	68.8
	quite a bit	1	6.3	6.3	75.0
	extremely	4	25.0	25.0	100.0
	Total	16	100.0	100.0	

<b>I had waves of strong feelings about it</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Strong feelings	a little bit	7	43.8	43.8	43.8
	moderately	3	18.8	18.8	62.5
	quite a bit	3	18.8	18.8	81.3
	extremely	2	12.5	12.5	93.8
	Missing	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

<b>I tried to remove it from my memory.</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Memory	a little bit	4	25.0	25.0	25.0
	moderately	4	25.0	25.0	50.0
	quite a bit	3	18.8	18.8	68.8
	extremely	5	31.3	31.3	100.0
	Total	16	100.0	100.0	

<b>I had trouble concentrating.</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Concentration	a little bit	4	25.0	25.0	25.0
	moderately	5	31.3	31.3	56.3
	quite a bit	4	25.0	25.0	81.3
	extremely	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

**Reminders of it caused me to have physical reactions, such as sweating, trouble breathing, nausea, or a pounding heart.**

		Frequency	Percent	Valid Percent	Cumulative Percent
Distress	Not at all	3	18.8	18.8	18.8
	a little bit	4	25.0	25.0	43.8
	moderately	3	18.8	18.8	62.5
	quite a bit	3	18.8	18.8	81.3
	extremely	3	18.8	18.8	100.0
	Total	16	100.0	100.0	

<b>I had dreams about it.</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Dreams	Not at all	2	12.5	12.5	12.5
	a little bit	4	25.0	25.0	37.5

	moderately	5	31.3	31.3	68.8
	quite a bit	1	6.3	6.3	75.0
	extremely	3	18.8	18.8	93.8
	Missing	1	6.3	6.3	100.0
	Total	16	100.0	100.0	
<b>I felt watchful and on-guard.</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Hyper vigilant	Not at all	3	18.8	18.8	18.8
	a little bit	2	12.5	12.5	31.3
	moderately	6	37.5	37.5	68.8
	quite a bit	1	6.3	6.3	75.0
	extremely	3	18.8	18.8	93.8
	Missing	1	6.3	6.3	100.0
	Total	16	100.0	100.0	
<b>I tried not to talk about it.</b>					
		Frequency	Percent	Valid Percent	Cumulative Percent
Avoidance	Not at all	1	6.3	6.3	6.3
	a little bit	4	25.0	25.0	31.3
	moderately	3	18.8	18.8	50.0
	quite a bit	3	18.8	18.8	68.8
	extremely	4	25.0	25.0	93.8
	Missing	1	6.3	6.3	100.0
	Total	16	100.0	100.0	

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